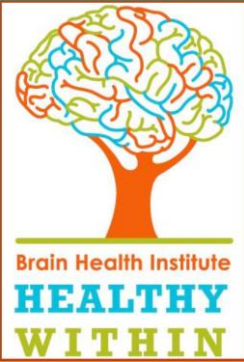


****La Costa Canyon High School Presents****



RAISING RESILIENT TEENS IN OUR DIGITAL WORLD

Join **Dr. Divya Kakaiya** as she facilitates interactive discussions on the digital divide, the impact of social media on the teen brain and body image, attachment parenting, self-esteem and drug use, parenting skills and strategies, and how to raise a **sustainable digital family!**



Dr. Divya Kakaiya, Ph.D., M.S.
(Psychopharm), CEDS,
PSY: #14052
Clinical Psychologist,
Neuroscientist
Neurofeedback Practitioner
PROUD mother of 2!

**Where: *La Costa Canyon High
School Media Center***

1 Maverick Way Carlsbad, CA 92009

When: *Oct. 16th, 6-7:30 PM*

Hosted By: *READI Program*

760-436-6136 ext. 6424

tiffany.findell@sduhsd.net

**We are so fortunate to have Dr. Kakaiya come speak! She is a community leader and has been awarded numerous awards for her community service over the years: KGTV 10 News Leadership Award, KPBS Local Hero Award, Top 10 Cool Women of San Diego awarded by Girl Scouts Council, and many more! Please don't miss this great event!*

For more information please visit healthywithin.com

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*Email: divyakakaiya@gmail.com

Healthy Within Inc. 5665 Oberlin Drive, Suite 206, San Diego CA 92121